

**Food Items Needed for the St. Rita
Parish St. Vincent de Paul Food Pantry:**

- hot and cold cereals
- boxed macaroni and cheese
- pasta sauce
- nuts/trail mix in small packages
- taco shells
- canned vegetables
- canned or jarred fruit and apple sauce
- canned beans
- refried beans
- chili (with meat and vegetarian)
- canned tuna
- canned chicken breast
- peanut butter
- jam/fruit spreads
- crackers and other snacks
- canned soups (preferably ready-to-serve)
- baking mixes (e.g., Bisquick, cake and brownie mixes, quick breads, etc.)
- baking supplies (e.g., flour, sugar, chocolate chips, etc.)
- tea and coffee
- condiments (e.g., ketchup, mustard, salad dressing)
- other non-perishables heat and serve meals
- paper products (e.g., toilet paper, tissues, paper towels)
- soap, shampoo, tooth paste, dental floss



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Any of these items can be left in the baskets in the vestibule or the Church. For those who can't carry donations to Church, we can pick them up. Call 454-6420 and leave a message.

Thank you for your donations.